



Acceptance and Commitment Therapy (ACT) Introductory Workshop

This one-day introductory workshop is designed to introduce the therapeutic approach of Acceptance and Commitment Therapy (ACT) in an interactive and practical format. ACT is a method for changing behavior by increasing psychological flexibility by building larger patterns of values-based behavior. The workshop is designed to provide practitioners and individuals interested in using the ACT model specific skills they can employ immediately in their work. It is appropriate for BCBAs, Professional Counselors, and those working in applied settings with clients, who are interested in expanding their clinical skill-set. Continuing Education is available.

Register Now at: antioch.edu/new-england/ACT

Presenter

Dr. Rachel Enoch, BCBA-D, specializes in working with children and adolescents and has been an Acceptance and Commitment Therapist for the past 6 years. She has worked with individuals providing ACT in classrooms, after-school programs, clinics, and has created and implemented community ACT camps for children. She has published literature on the effectiveness of ACT and has seen the significant impact it has on her client's lives. Dr. Enoch is currently Program Director for the Applied Behavior Analysis Program and Core Faculty at Antioch University New England.



ANTIOCH UNIVERSITY
NEW ENGLAND

WHEN
Saturday, April 21, 2018

TIME
8:30 am - 3:30 pm

WHERE
Antioch University
40 Avon Street, Keene, NH

Workshop Fee:

BACB (with CE): \$95

Professional/Community Member (no CE): \$75

Student: \$30

Earn 6 Type II BACB CEUs

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